

## Memoir Ideas

1. Remember an accident or a time when you got hurt...
2. Think of a time you got in trouble...
3. Write about a special shopping trip...
4. Think of a special time you spent with a friend...
5. Remember a very good (or bad) day at school...
6. Think of your worst day at school...
7. Think of a time when you learned something new...
8. Think about a time you went on a field trip...
9. Write about a special holiday memory...
10. Think of a time when you were very happy...
11. Remember a trip to the doctor or dentist...
12. Think of a special time you spent with a relative...
13. When and how did you stick up for a friend?
14. Think of a time when you traveled to a special place...
15. Think of a time when you were very proud of an accomplishment...
16. Think of a time when you had a conflict with a friend...
17. Remember a time when you helped someone...
18. When and how did you ever outsmart someone?
19. When and why did you stay up the latest you ever stayed awake?
20. When and why were you talked into doing something you later regretted?
21. When and why were you accused of something you didn't do?
22. When and why were you ever locked out (or in)?
23. When and how did you lose something that was very valuable to you or your family?
24. When and how did you forget something that was really important?
25. When and how did you play at an abandoned house, barn, or tree fort?
26. When and how did you play at a construction site?
27. When did you try something that flopped?
28. When and how did you perform in front of an audience?
29. Write about a time you got lost.
30. When and how did you learn to do something that was really difficult? (like climb a tree, ride a bike, or play an instrument?)

31. What was the best costume you ever wore? Describe it and explain why.
32. What is the most painful thing you've ever experienced?
33. Write about a time you almost forgot about.
34. Write about a moment involving your brother or sister.
35. What's the funniest thing that's ever happened to you?
36. What's the best/worst memory you have involving a pet?
37. Write about your earliest memory.
38. Write about when you realized the importance of friendship.
39. Write about a time when you disappointed someone.
40. Write about a time when someone disappointed you.

If you can say yes, write about the details from that particular day!

41. Did you ever attend a wedding? Ever been in one?
42. Have you ever been in a car accident?
43. Ever been to a funeral?
44. Did you ever throw a birthday party?
45. Ever go to an amusement park?
46. Ever go to the zoo?
47. Ever go on vacation?
48. Have you ever been outside the country?
49. Did you ever go to a sporting event?
50. Ever been on TV/in the newspaper?
51. Ever make a special food with a family member?
52. Do you have a scar on your body?
53. Ever been completely humiliated?
54. Have you ever been so wildly happy?
55. Ever win something cool?